November

2026

Whole Milk is served with lunch
All meals are prepared to meet USDA Standards for balanced nutrition.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Breakfast: Pancakes, Canadian bacon Lunch: Chicken noodle soup, fruit Snack: Fruit, wheat crackers	3 Breakfast: English muffin, sunbutter, fruit Lunch: Macaroni and cheese, veggies, fruit Snack: Cheese, wheat crackers	4 Breakfast: Bagel, cream cheese, fruit Lunch: Turkey and cheese sandwiches, veggie, fruit Snack: Applesauce, granola bar	5 Breakfast: French toast, fruit compote Lunch: Spaghetti meat sauce, fruit Snack: Yogurt, fruit, granola	6 Breakfast: Maple oatmeal, yogurt Lunch: Chicken quesadilla, beans and Spanish rice, fruit Snack: Veggie crackers, hummus	7
8	9 Breakfast: Loaded grits Lunch: Grilled cheese, tomato soup fruit Snack: Graham crackers, fruit and yogurt dip	10 Breakfast: Sausage and potato hash Lunch: Beef chili, noodles, fruit Snack: Cheese crackers, fruit	11 Breakfast: Toast, homemade jam, turkey sausage Lunch: BBQ chicken, baked beans, fruit Snack: Granola bar, pretzels	12 Breakfast: Pancakes, Canadian bacon Lunch: Beef fried rice, fruit Snack: Yogurt parfaits	13 Breakfast: Assorted muffins, bananas Lunch: Turkey pepperoni pizzas, veggie, fruit Snack: String cheese & crackers	14
15	16 Breakfast: Yogurt, fruit, granola Lunch: Chicken, broccoli, rice, fruit Snack: Puffed corn, fruit	17 Breakfast: Smoothies, whole grain cereal Lunch: Beef tacos, corn salsa, fruit Snack: Cheese crackers, fruit cups	18 Breakfast: Toaster waffles, turkey sausage Lunch: Spaghetti, meatballs, fruit Snack: Hummus, veggie crackers	19 Breakfast: Breakfast tacos Lunch: Chicken sandwiches, veggie, fruit Snack: Pretzels & Protein Bar	20 Breakfast: Hashbrowns, fruit Lunch: Ham and cheese “lunchables”, veggie, fruit Snack: Yogurt, fruit, granola	21
22	23 Breakfast: French toast, fruit Lunch: Chicken, mashed potatoes, veggie, fruit Snack: Ham and cheese	24 Breakfast: Bagel, cream cheese, fruit Lunch: Sloppy joes, veggie, fruit Snack: Homemade trail mix, dried fruit	25 Breakfast: Blueberry muffins, banana Lunch: Sweet n’ Sour chicken, pineapple, rice Snack: Applesauce, granola bar	26 Breakfast: English muffin, sunbutter & jam Lunch: Lemon chicken orzo, green beans, fruit Snack: Veggies, cottage cheese dip	27 Breakfast: Toast, sunbutter, fruit Lunch: Cheeseburger sliders, veggie, fruit Snack: Fruit, veggie crackers	28
29	30 Breakfast: Pancakes, Canadian bacon Lunch: Teriayaki turkey burgers, pineapple, veggie Snack: String cheese, fruit					