

September

Whole Milk is served with lunch
All meals are prepared to meet
USDA Standards for balanced
nutrition.

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Breakfast: Oatmeal, berries Lunch: Chicken pitas, hummus, fruit Snack: Applesauce, cheese crackers	2 Breakfast: Blueberry Muffin, fried eggs Lunch: Broccoli Alfredo pasta, fruit Snack: Homemade trailmix, fruit	3 Breakfast: Yogurt, fruit, granola Lunch: Chicken noodle soup w/ veggies, fruit Snack: Cottage cheese, wheat crackers	4 Breakfast: French toast, fruit compote Lunch: Mac n’ cheese, peas, fruit Snack: Veggie crackers, hummus	5
6	7 CLOSED	8 Breakfast: Loaded grits Lunch: Spaghetti carbonara, fruit Snack: Graham crackers, fruit dip	9 Breakfast: Buttered English muffin, turkey sausage patty Lunch: Turkey and cheese sandwiches, veggie, fruit Snack: Granola bar & fruit	10 Breakfast: Scrambled eggs, fruit Lunch: Beef fried rice, w/ veggies, fruit Snack: Yogurt parfaits	11 Breakfast: Waffle, fruit Lunch: Turkey pepperoni pizzas, veggie, fruit Snack: String cheese & crackers	12
13	14 Breakfast: Pancakes, Canadian bacon Lunch: Chicken, broccoli rice casserole, fruit Snack: Crackers, fruit	15 Breakfast: Bagel, cream cheese, banana Lunch: Beef tacos, corn salsa, fruit Snack: Cheese sticks, fruit cups	16 Breakfast: Blueberry muffin, turkey sausage patty Lunch: Spaghetti & meatballs,, veggie, fruit Snack: Hummus, veggie crackers	17 Breakfast: Breakfast tacos Lunch: Chicken sandwiches, veggie, fruit Snack: Pretzels & Protein Bar	18 Breakfast: Smoothie, hashbrowns Lunch: Turkey chili, cornbread, fruit Snack: Cottage cheese, fruit	19
20	21 Breakfast: Maple oatmeal, turkey sausage Lunch: Grilled cheese, tomato soup, fruit Snack: Ham and cheese	22 Breakfast: French toast, fruit compote Lunch: Sloppy joes, veggie, fruit Snack: Homemade trail mix, fruit	23 Breakfast: Pancakes, canadian bacon Lunch: Chicken, buttered noodles, veggie, fruit Snack: Applesauce, granola bar	24 Breakfast: English muffin, sunbutter & jam Lunch: BBQ chicken, baked beans, fruit Snack: Veggies, cottage cheese dip	25 Breakfast:Loaded grits Lunch: Cheeseburger sliders, veggie, fruit Snack: Hummus, veggie crackers	26
27	28 Breakfast: Waffle, fruit Lunch: Teriyaki turkey burgers, pineapple, veggie Snack: Cottage cheese, fruit	29 Breakfast: Scrambled eggs, fruit Lunch: Ham and cheese lunchables, veggie, fruit Snack: Hummus, pretzels	30 Breakfast: Bagel, cream cheese, banana Lunch: Sweet n’ sour chicken, rice, fruit & veggies Snack: Homemade trailmix, fruit			